



Super Root Coffee

with Tiger Milk Mushroom, Maca & Tongkat Ali

INGREDIENTS



Maca

Maca or **Peruvian ginseng**, is an edible herbaceous biennial plant from the family of Brassicaceae that is native to South America in the high Andes mountains of Peru

Benefits

- Boosts energy and libido
- Helps to regulate female hormone

Tiger Milk Mushroom

The **Tiger Milk Mushroom** has been used for centuries by Traditional Malay & Chinese medicine practitioners and the native community due to its strong healing properties on several common medical conditions, especially respiratory and lung health issues

Benefits

- Improves cardiovascular health
- Increases the immune strength of the lungs and promote a healthy respiratory system
- Rich in antioxidants which helps to fight free radicals in the body and repair cellular damage in the respiratory system
- Helps to relieve nasal allergies and soothes respiratory inflammation



Tongkat Ali

Tongkat Ali is also locally referred to as Pasak Bumi or Malaysian Ginseng or the Herbal Viagra, which is a flowering plant of Eurycoma longifolia in the family of Simaroubaceae

Benefits

- Stimulates the release of free testosterone, reduces fatigue, and improves well-being
- Protects our body from chronic stress



STORAGE CONDITIONS



Store in a cool, dry place below 30 degree Celsius and keep away from direct sunlight

DIRECTIONS



Mix 1 sachet of Super Root Coffee in 150ml glass of plain water

Stir and consume immediately